



Dear Parent/Carer,

As part of their personal development curriculum, Year 8 will be taking part in a series of mandatory sex and relationship education (SRE) lessons over this term. All schools in the UK have a mandatory responsibility to deliver this compulsory area of topic.

SRE focuses on the changing nature of a range of relationships, including friendship, family relationships and intimate relationships. The purpose of SRE at Temple Moor is to prepare pupils for the physical and emotional changes of growing up; to give them the knowledge and skills to make informed and healthy choices; to build their confidence and skills to deal with situations they may encounter; to help them to stay safe and know where and how to ask for help if needed.

At times, carefully chosen external visitors and speakers may contribute to the programme. In these cases, lesson content will be agreed in advance and visitors will always be supervised by a member of school staff.

As part of this year's SRE, pupils will gain knowledge around a range of different areas within their Personal Development lessons;

- **Puberty**
- **Sexual Feelings and how to manage them**
- **Consent**
- **Sexual Health and contraception**
- **Health Screenings**
- **Characteristics of a healthy relationships & spotting the signs of unhealthy relationships**
- **Online pressures (sexting)**
- **Sexual Harassment**

We believe that all content taught over the next term is an important addition to the SRE programme. All content is taught without prejudice and is age appropriate. If you have concerns and would wish to withdraw your child from their lessons when we are covering sex education, please email Mr P Turner (turnerp@tmhs.rklt.co.uk) by Monday, 9th September 2024.

Thank you for your continued support,

Mr Peter Turner
Assistant Principal – Personal Development