



## KS4 Health and Social Care at Temple Moor High School

(Time frames will vary depending on whether they are studying the course over 2 or 3 years)

KS4	Topic	Programme of Study
Component 1	Human Lifespan and Development	<p><b>Key Knowledge</b> <b>What are we learning?</b> Explore different aspects of growth and development and the factors that can affect this across the life stages. Students will explore the different events that can impact on individuals' physical, intellectual, emotional and social (PIES) development and how individuals cope with and are supported through changes caused by life events.</p> <p><b>Why are we learning it?</b> To understand how individuals grow and develop and consider what can impact this development from birth all way through to later adulthood.</p> <p><b>Key Vocabulary</b> Physical, intellectual, emotional, social, development, life stages, impact, positive, negative, factors, relationships, life events, expected, unexpected, sources of support, formal, informal.</p> <p><b>Curriculum Assessments</b> Regular Nothing New Tests throughout the scheme of learning. Key questions for students will focus on building understanding of knowledge and being able to apply this to practice case studies. This is in preparation for the internal assessment which is provided by the exam board at set times during the year.</p> <p><b>Personal Development</b> This allows students to consider their own development throughout the life stages and be aware of what types of things can have a positive and negative impact on their health and wellbeing. Being aware of the types of support available and the benefits will hopefully help them in the future when trying to manage difficult situations.</p> <p><b>Why Now?</b> These are the fundamental aspects of health and social care, so it is important to develop a base knowledge and build upon this in the next component and beyond.</p> <p><b>Helpful Resources</b> Relevant documentaries/series they could watch: BBC iplayer- Jesy Nelson Odd one out, Growing up Down's All Four- Secret lives of 4-year-olds</p>

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		Netflix- Babies
Component 2	Health and Social Care Services and Values	<p><b>Key Knowledge</b></p> <p><b>What are we learning?</b> We will explore health and social care services and how they meet the needs of service users. They will also study the skills, attributes and values required when giving care.</p> <p><b>Why are we learning it?</b> To understand how the NHS provides a variety of services to help meet the needs of different patients every day so they will hopefully have a better quality of life. We will explore what services and health care professionals specifically do; it is therefore very relevant to everyday life.</p> <p><b>Key Vocabulary</b> Services, primary, secondary, tertiary care, allied health professionals, clinical support workers, health conditions, multidisciplinary teams, informal care, voluntary care, barriers, problem solving, observation, dealing with difficult situations, organisation, empathy, patience, trustworthy, honesty, application, the 6 C's.</p> <p><b>Curriculum Assessments</b> Regular Nothing New Tests throughout the scheme of learning. Key questions for students will focus on building understanding of knowledge and being able to apply this to specific scenarios and individuals. This is in preparation for the internal assessment which is provided by the exam board at set times during the year.</p> <p><b>Personal Development</b> It teaches students about the wider world and how the health care system and NHS works from primary care services such as going to see your doctor to more advanced or specialised care services like Neonatal clinics.</p> <p><b>Why Now?</b> It is important to understand how the health care system works and how care is provided for specific individuals. It also provides an initial insight into how care is delivered, and this may inspire some students to choose this career path if they enjoy it.</p> <p><b>Helpful Resources</b></p>

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		Relevant documentaries/series they could watch: BBC iplayer- Nurses, Bradford on Duty.
Component 3	Health and Wellbeing	<p><b>Key Knowledge</b>  <b>What are we learning?</b>  We will explore the factors that affect health and wellbeing, learning about physiological and lifestyle indicators, and person-centred approaches to make recommendations to improve an individual's health and wellbeing</p> <p><b>Why are we learning it?</b>  To be able to understand what can affect health and wellbeing so we can design a health care plan to help individuals with specific needs.</p> <p><b>Key Vocabulary</b>  Lifestyle factors, economic, environment, physical, physiological indicators, BMI, heart rate, blood pressure, needs, wishes, circumstances, SMART (specific, measurable, achievable, realistic, timed) goals, person centred approach, recommendations, actions, justifications, informal and formal support.</p> <p><b>Curriculum Assessments</b>  Regular Nothing New Tests throughout the scheme of learning. Key questions for students will focus on building understanding of knowledge and being able to apply this to specific scenarios and individuals. They will have regular opportunities to practice previous exam questions and papers and will sit at least two mock exams in the build-up to the final one. This will usually be in the final couple months of the course.</p> <p><b>Personal Development</b>  It allows students to consider people's unique situations in terms of how their health and wellbeing can be impacted and what can be done to make positive changes. This can be applied to their everyday lives including their friends and family. They will be more aware, knowledgeable and better equipped to deal with any challenges they may face in the future and know where to seek help.</p> <p><b>Why Now?</b>  After previously learning the fundamental topics for health and social care, this component allows students opportunity to apply their knowledge and understanding to a specific individual. They are</p>

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		<p>challenged to create a tailored plan for their overall health and wellbeing is improved over time.</p> <p><b>Helpful Resources</b>            GOV.UK- The government website includes all current recommendations in relation to exercise, alcohol diet etc.  <a href="http://www.nhs.uk">The Eatwell Guide - NHS (www.nhs.uk)</a> The NHS website provides information such as guidance on healthy eating but also includes information about specific conditions and diseases that you may need to be aware of.</p>