

## Anti-Bullying Week 2023: Make A Noise About Bullying

Anti-bullying assemblies will take place all week yr7-Yr11 to raise awareness about bullying and the effect it has on others.

Children will learn about the different forms of child on child abuse and where to get help and advice. Our very own stop the bully mentors will be part of the assemblies; sharing stories and advising how they can help other students in school.

We will be raising awareness with different events throughout the week.

## Monday 13<sup>th</sup> November – Odd Socks Day



Like every year, we kick off with Odd Socks Day on the Monday of Anti-Bullying Week.

Odd Socks Day is a chance for schools to celebrate Anti-Bullying Week in a positive way by asking pupils and staff to wear odd socks to school. There is no pressure to wear the latest fashion or buy expensive costumes. All you need to do to take part is wear odd socks, it could not be simpler!

## Wednesday 15<sup>th</sup> November – Bake Sale Day



Wednesday will be bake sale day, please bring  $\pm 50p$  to purchase a bun, biscuit or cake!

## Useful links for parents/carers and Children

https://www.nationalbullyinghelpline.co.uk/kids.html

https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/bullying/

https://anti-bullyingalliance.org.uk/tools-information/advice-and-support/advice-parentsand-carers/how-can-i-help-my-child-if-they-are

https://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/